



VIVEK SANJIVANI

Ideal

Three things are necessary to make every man great, every nation great:

- 1. Conviction of the powers of goodness.**
- 2. Absence of jealousy and suspicion.**
- 3. Helping all who are trying to be and do good.**



VIVEK SANJIVANI

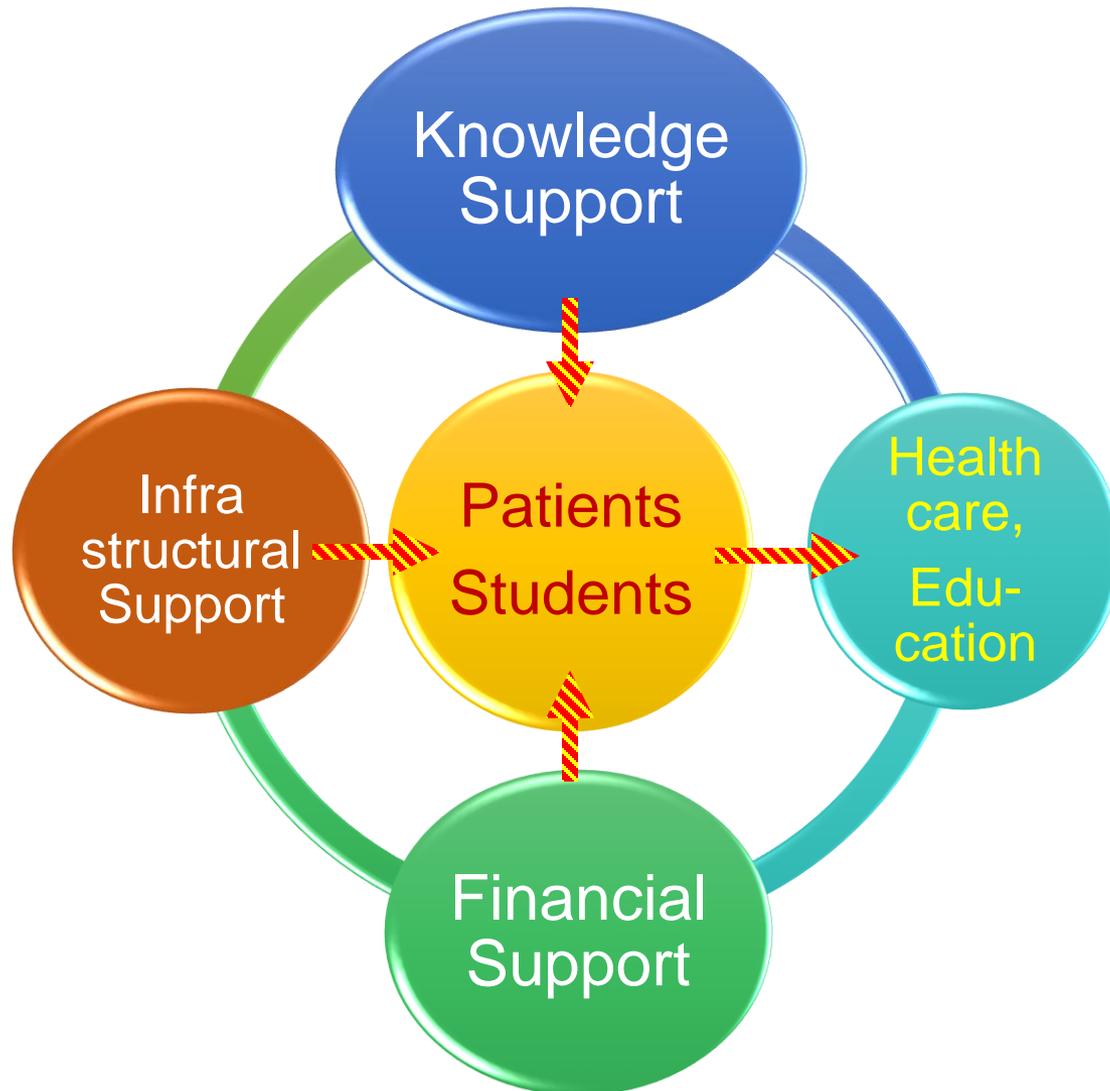
An Initiative for Healthcare and Education

VISION

- ❁ All-round upliftment of the community mainly through healthcare and education
- ❁ To render quality medical services to poor, marginalized and rural population, especially the vulnerable groups.
- ❁ To bring quality education at the door step
- ❁ Breaking the digital divide between urban and rural areas

Development Program: Strategy

Inspiration to impact



VIVEK SANJIVANI

An Initiative for Healthcare and Education

Our Services



Telemedicine



Mobile Medical Service



Eye Surgery Camp



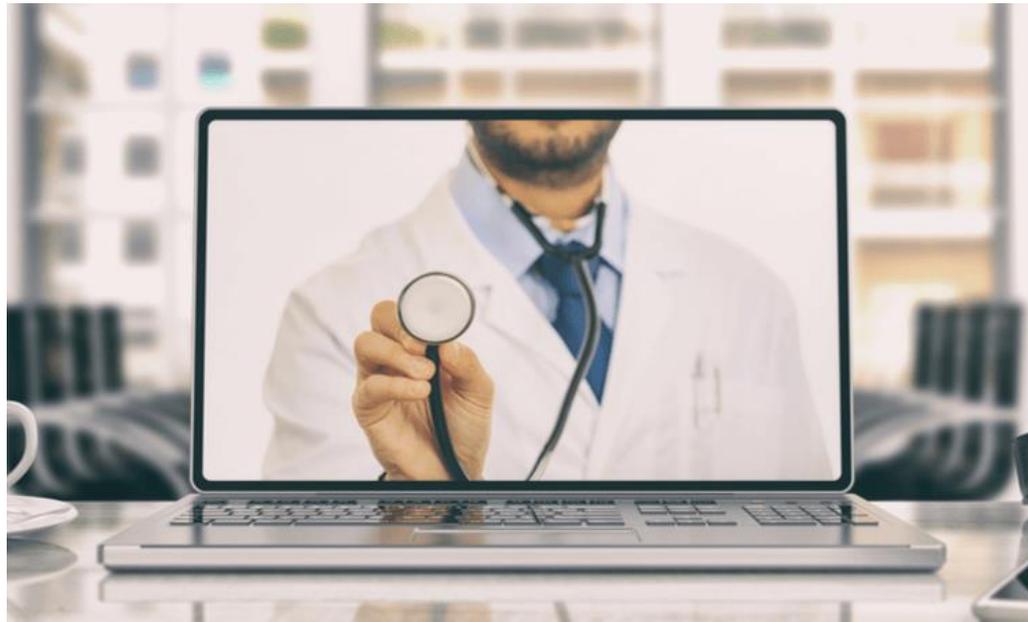
Health Education



**Gadadhar Abhyudaya
Prakalpa**

**Currently
Receiving Benefits**

38000+



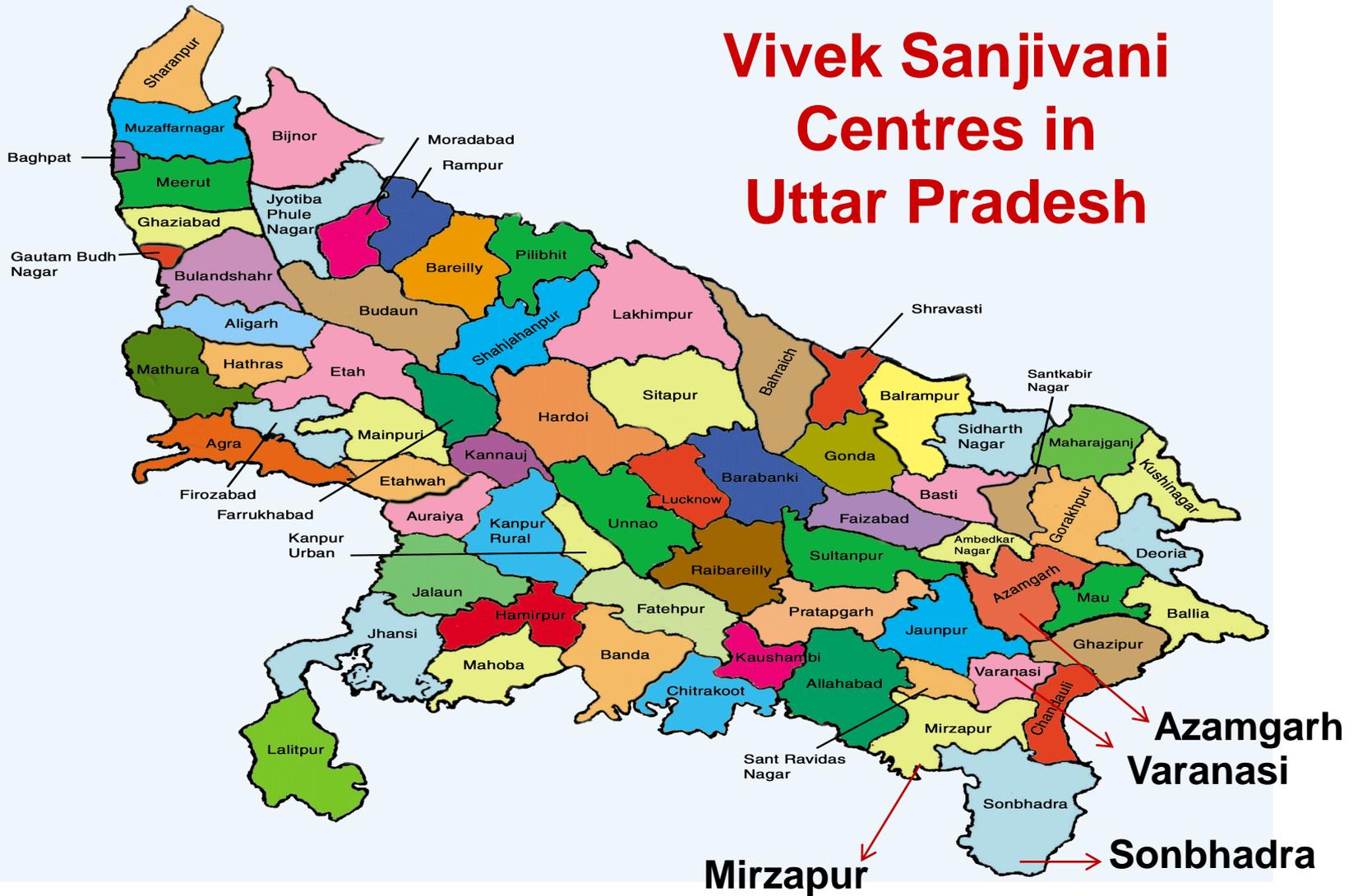
VIVEK SANJIVANI

हाम आफ सावेस, वाराणसी



**Telemedicine to Rural
Areas of Eastern
Uttar Pradesh:
A unique service of
VIVEK SANJIVANI**

Vivek Sanjivani Centres in Uttar Pradesh



TMU Kalwari



TMU LalGANj



VIVEK SANJIVANI

हाम आफ सावस, वराणसा

TMU Lohra: Inside



TMU Majhawan



TMU Majhawan



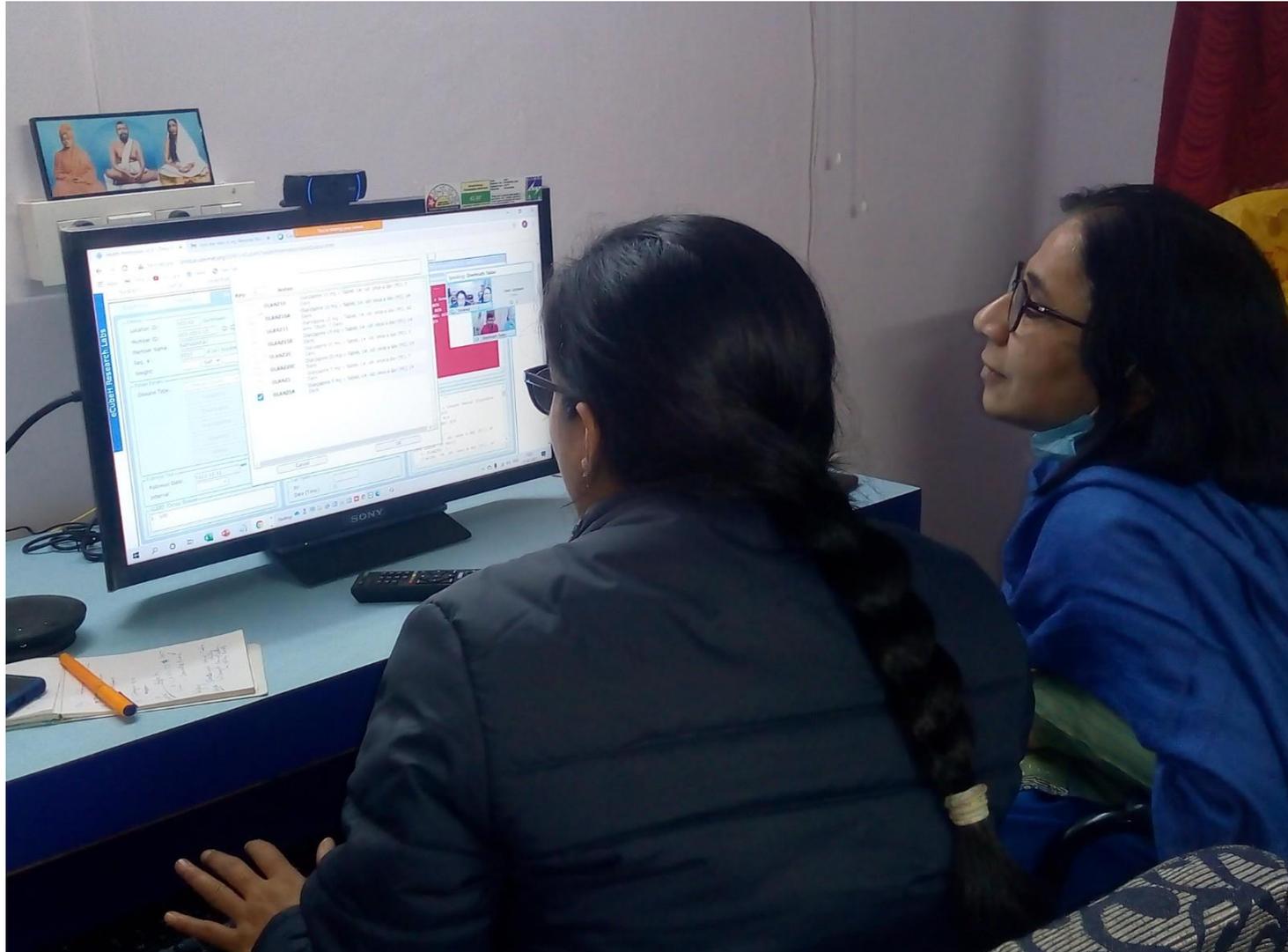
TMU Naugawan



Consultation on Telemedicine: Varanasi Expert Hub



Consultation on Telemedicine: Varanasi Expert Hub





**RAMAKRISHNA MISSION HOME OF SERVICE
(GENERAL HOSPITAL)**

**LUXA, VARANASI, U.P.-221 010, India
(A Branch Centre of the Ramakrishna Mission, Belur Math, Howrah)
Website www.varanasirkm.org Email: viveksanjivani.kashi@gmail.com**

Vivek Sanjivani

An Initiative for Healthcare and Education

Doctors Time Table w.e.f. 2.8.21

TMU Name	Majhawan		Lalganj	MMUs	Lohara		Kalwari	Naugawan
Consultation timing	10:00am - 11:00am	11:00-12:00	11:00am - 1.00 pm	1.00-4.30 pm	02:00pm - 04:00pm		03:00pm-05:00pm	04:00pm - 05:30pm
Days								
Tue	Dr (Brig)/Dr H.Pathak		Dr. H. Pathak				Dr H Pathak	Dr H. Pathak
Wed	Dr Anirban Gozi (Psy) 10-11 am For all TMU+MMU	Dr Rajat Chowdhury	Dr Ajay Shah	Manikpur Dr H. Pathak	Dr Arun	Dr H. Pathak	Dr Padma	Dr Padma/ Dr H. Pathak
Thus	Dr Amit Saha/ Dr H. Pathak		Dr Ritwik Ghosh Haldar (Gyn) (11am -12 noon) for all TMU+MMU	Gaura Dr H. Pathak/ Dr Rahul Yadav	Dr Saumitra Kumar (ENT) (2.00- 3.00 pm) for all TMU+MMU	Dr Aruna/ Dr H. Pathak	Dr H. Pathak	Dr Avik Majhi (Oncologist)/ Dr H. Pathak
Fri	Food Supplements/ Relief Works			Patewar Dr H. Pathak/ Dr Rahul Yadav	Dr Padma			

Vivek Sanjivani Telemedicine Service

Webex Meeting Info | Hide Menu Bar ^

File Edit Share View Audio & Video Participant Meeting Breakout Sessions Help

Local Patient

WELCOME, ARUNA KULKARNI

NAME :Ashok Yadav

Under treatment :
Joint Pain

GENERAL EXAMINATIONS

Upload Report
Drop Here/Select File

DESCRIPTION

PRESCRIPTION

ADVICE FOR INVESTIGATIONS

Radiology SELECT
Pathology SELECT

NO	TYPE	NAME	DESCRIPTION	ACTION

COURSE OF MEDICINE

DRUG	QUANTITY	DOSE	DURATION	COMMENTS
Paracetamol Tab 500 mg	Quantity	Dose	Duration	Comments
Calcium Lactate	1	od	1month	
Multivitamin	1	od	1month	

NEXT APPOINTMENT DATE

Participants (3)

Search

- Divyasukhananda...
Host, me
- VH Varanasi HUB
- LT Lalganj TMU

Mute all Unmute all

Mute Stop video Share Record

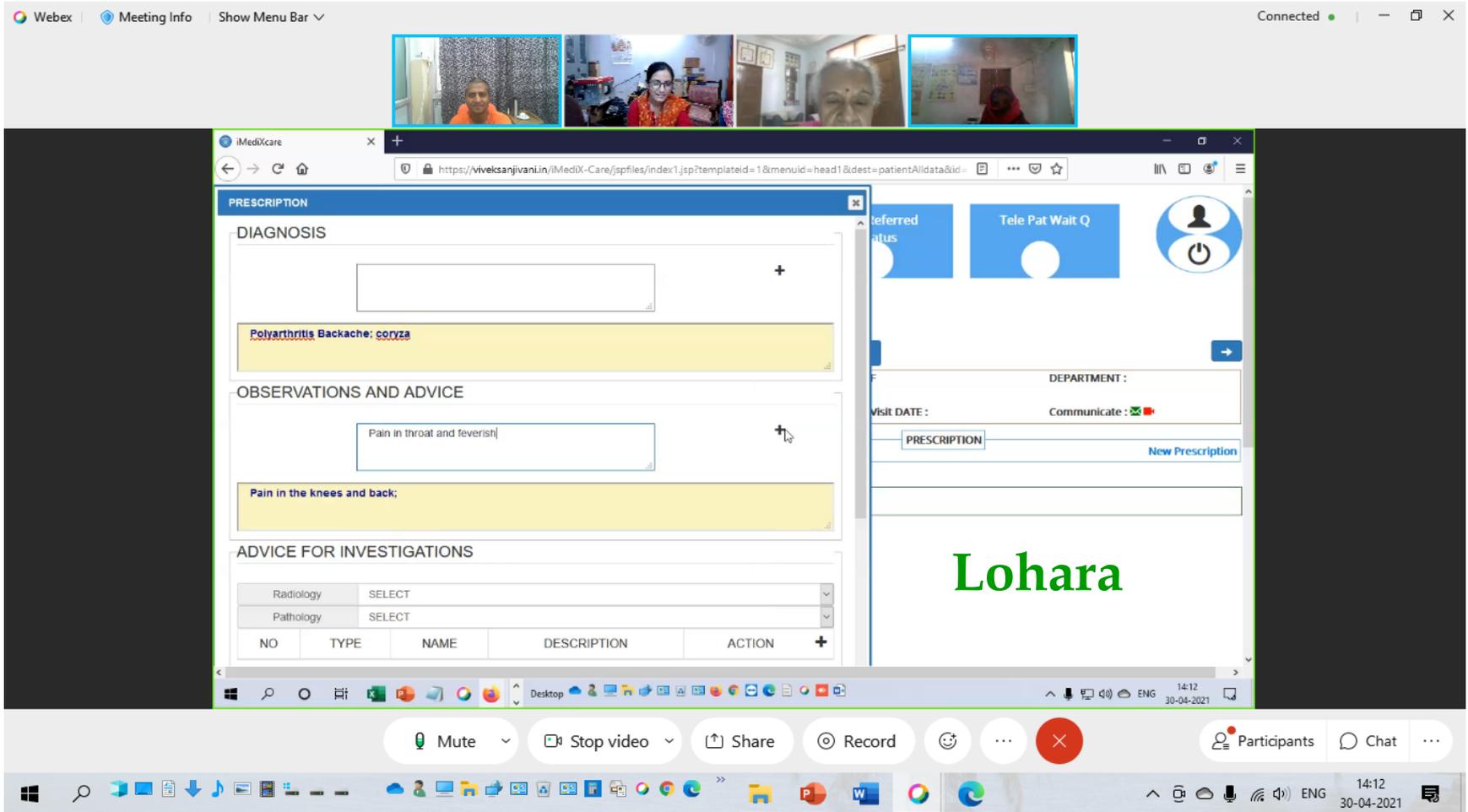
Participants Chat

12:14 21-04-2021

Lalganj

Vivek Sanjivani Telemedicine Service

Webex Meeting Info Show Menu Bar Connected



The shared screen displays a medical prescription form with the following sections:

- DIAGNOSIS**: Polyarthriti Backache: conyza
- OBSERVATIONS AND ADVICE**: Pain in throat and feverish; Pain in the knees and back;
- ADVICE FOR INVESTIGATIONS**: Radiology: SELECT, Pathology: SELECT

The form also includes a table with columns: NO, TYPE, NAME, DESCRIPTION, ACTION.

On the right side of the screen, there is a sidebar with the following elements:

- Tele Pat Wait Q
- DEPARTMENT :
- Visit DATE :
- Communicate :
- PRESCRIPTION
- New Prescription

The word **Lohara** is displayed in green text at the bottom of the shared screen.

Webex Meeting Controls: Mute, Stop video, Share, Record, Participants, Chat

System Tray: 14:12 30-04-2021

Vivek Sanjivani Telemedicine Service through Mobile Van

The screenshot displays a telemedicine interface. At the top, there are video thumbnails for participants: Divyasukhanand... (Host), vs Patwar, and another participant. The main window shows a patient's profile for 'Local Pat' with the name 'NAME :Sahima / Muntaj'. The interface includes sections for 'PRESCRIPTION', 'DIAGNOSIS', 'OBSERVATIONS AND ADVICE', and 'ADVICE FOR INVESTIGATIONS'. The diagnosis section contains the text 'Epilepsy:'. The observations section states 'No issues. No fresh episode of seizures. On Phenytoin and Carbamazepine. Please continue same medications.' The investigations section has dropdown menus for 'Radiology' and 'Pathology', both set to 'SELECT'. A table with columns 'NO', 'TYPE', 'NAME', 'DESCRIPTION', and 'ACTION' is visible at the bottom. The interface also features a 'WELCOME, TANOY BOSE' message and various navigation options like 'Visit Patient', 'Patient Profile', and 'Tele-Consultation'.

This screenshot shows a telemedicine session from a different perspective. It includes a video thumbnail of a patient wearing a blue surgical mask. The main window displays the same telemedicine interface as the first screenshot, showing the patient's profile and medical history. The 'ADVICE FOR INVESTIGATIONS' section is visible, along with a 'COURSE OF MEDICINE' table with columns for 'DRUG', 'QUANTITY', 'DURATION', and 'COMMENTS'. The interface also shows a 'WELCOME, TANOY BOSE' message and various navigation options. The bottom of the screen shows the Windows taskbar with the date '28-04-2021' and time '13:24'.

Manikpur

Purulia RKM Vidyapith ex-student and Doctor in our Telemedicine Service

The screenshot displays a telemedicine interface. At the top, there's a 'Meeting Info' bar and a 'Show Menu Bar' dropdown. Below this is a video gallery showing multiple participants. A notification bubble says 'You're syncing up your stage view for everyone'. The main area is split into two parts: a software interface on the left and a video feed on the right.

The software interface (left) shows a 'Local Patient' profile for 'Ritwik Ghosh Haldar'. It includes a 'WELCOME, RITWIK GHOSH HALDAR' message and a 'Visit Patient' button. The 'Patient Profile' section shows 'NAME: Som Dev' and 'Under treatment:'. The 'CHIEF COMPLAINTS' and 'GENERAL EXAMINATIONS' sections are also visible. The 'PRESCRIPTION' section shows a table with one entry:

NO	TYPE	NAME	DESCRIPTION	ACTION
1	Pathology	DIHEHS	URINE: IEM: URINE: CS	

The 'COURSE OF MEDICINE' section shows a table with columns for 'DRUG', 'QUANTITY', 'DOSE', 'DURATION', and 'COMMENTS'. One entry is visible:

DRUG	QUANTITY	DOSE	DURATION	COMMENTS
Ciprofloxacin Tab 500 mg	1	Poss	Duration	Comments

The video feed (right) shows a doctor wearing glasses and a blue shirt, looking at the camera. The bottom of the screen shows a Windows taskbar with various application icons and a system tray with the date '20-05-2021' and time '12:07'. The telemedicine control bar at the bottom includes buttons for 'Unmute', 'Stop video', 'Share', 'Record', 'Participants', and 'Chat'.

Majhawan

Specialist Doctor in our Telemedicine Service



Specialist Doctor in our Telemedicine Service

The screenshot displays a Webex telemedicine interface. At the top, the meeting title is "Meeting Info" and the status is "Connected". The main content area is split into three sections:

- Top Left:** A small video feed of the host, Divyasukhananda...
- Top Right:** A larger video feed of the doctor, Avik Maji, wearing glasses and smiling.
- Bottom Right:** A video feed of the patient, an elderly man in a white shirt, sitting at a desk.

The central part of the screen shows a medical record for a patient named Ramkaran Laxman Uharati. The record includes the following details:

- WELCOME, AVIK MAJI**
- Patient Info:** NAME: Ramkaran Laxman Uharati, AGE: 64 Years(S), 6 Months(3.7 Days), SEX: M, DEPARTMENT: [Blank]
- Under treatment:** [Blank]
- Last Visit DATE:** 24/06/2021
- Communicate:** [Status Icon]
- GENERAL EXAMINATIONS:** 08/07/2021 2, Temperature: 36.2 °C, Body Weight: 55 kg, Pulse: [Blank], Blood Pressure: 118/68 mmHg, Blood Sugar(Random): 255 mg/dL
- DIAGNOSIS:** Diabetes Mellitus
- ADVICE:** DIABETIC DIET (SUGAR, RICE, POTATO RESTRICTED), PP-400-FBS-257
- MEDICINE:**

NAME	Quantity	Dose	Duration	Comments
Melliformin Tab 750 mg	1	BID	14DAYS	-
Multivitamin MVFM	1	OD	14 DAYS	-
l amptodine 160 20 mg	1	BID	14DAYS	-

At the bottom of the screen, there is a control bar with buttons for Mute, Stop video, Share, Record, and a red 'X' button. The Windows taskbar at the very bottom shows the time as 16:40 on 08-07-2021.

Specialist Doctor in our Telemedicine Service

Webex Meeting Info Show Menu Bar Connected

Layout

Viewing Vivekanandsethi@g...

WELCOME, RAJATKANTI SINGHACHOWDHURY

NAME: Kampa Devi AGE: 48 Year(s) 2 Month(s) 9 Day(s) SEX: F DEPARTMENT:

Under treatment: Last Visit DATE: 22/04/2021 Communicate:

CHIEF COMPLAINTS +

GENERAL EXAMINATIONS +

30/04/2021-1

Temperature: 37 °C

Body Weight: 55 kg

Pulse: /minute

Blood Pressure: 112/59 mmHg

Blood Sugar(Random): mg/dL

Repeat Prescription

Week: Sangwan RMI 105 (Model Prescription)

Common Mental Disorders; Common Mental Disorders:

Drugs	Quantity	Dose	Duration	Comments
Amitriptyline 25 mg	1	HS	14DAYS	

Medicine

NEXT APPOINTMENT DATE

06-05-2021

Date & Time
22 04 2021, 11:59 AM

RITWIK GHOSH HALDAR
Computer Generated Documents need not be Signed

Mute Stop video Share Record Participants Chat

12:12
30-06-2021

Specialist Doctor in our Telemedicine Service

The screenshot displays a Webex telemedicine session. At the top, there are four video thumbnails of participants, with one labeled 'Majhawan'. Below the thumbnails is a browser window showing a patient's medical record. The browser address bar contains the URL: <https://viveksanjvani.in/MedIX-Care/jspfiles/index1.jsp?templateid=1&menuid=head1&dest=patientAlldata&id=MAJH0092904>.

The medical record interface includes a sidebar with navigation options: 'Visit Patient', 'Patient Profile', 'Tele-Consultation', and 'Chat Module'. The main content area shows patient details for 'MUnni Devi' and a 'COURSE OF MEDICINE' table.

NO	TYPE	NAME	DESCRIPTION	ACTION
COURSE OF MEDICINE				
Atorvastatin 10mg	1	OD	7 D	
Multivitamin MVFM	1	OD	14 D	

Below the medication table, there is a 'NEXT APPOINTMENT DATE' field with a calendar icon and the date '08/07/2021'. The bottom of the screen shows the Webex meeting controls, including 'Mute', 'Stop video', 'Share', 'Record', and 'Participants'.

Specialist Doctor in our Telemedicine Service

The screenshot displays a telemedicine session interface. At the top, the Webex Meeting Info bar shows 'Connected' and standard window controls. Below this, a menu includes 'File', 'Edit', 'Share', 'View', 'Audio & Video', 'Participant', 'Meeting', 'Breakout Sessions', and 'Help'. The main area is split into two parts: a medical software interface on the left and a video grid on the right. The software interface, titled 'PRESCRIPTION', contains sections for 'DIAGNOSIS', 'OBSERVATIONS AND ADVICE', 'ADVICE FOR INVESTIGATIONS' (with dropdowns for 'Radiology' and 'Pathology'), and 'COURSE OF MEDICINE'. It also features a 'New Prescription' button and a 'Department: Communicate' dropdown. The video grid shows four participants: 'dr. ritwik' (top left), 'Majhawan' (top right), and two other individuals (bottom left and bottom right). The bottom of the screen shows a control bar with 'Unmute', 'Stop video', 'Share', 'Record', and 'Participants' buttons, along with a system tray at the very bottom displaying the time '12:03' and date '08-07-2021'.

Consultation at Telemedicine Unit : Lohara



Use of cloud-based software



2021.05.11 16:18

Use of cloud-based software

The screenshot displays a telemedicine interface within a web browser. The browser's address bar shows the URL <https://viveksanjvani.in/medix-care.jsp>. The interface is divided into several sections:

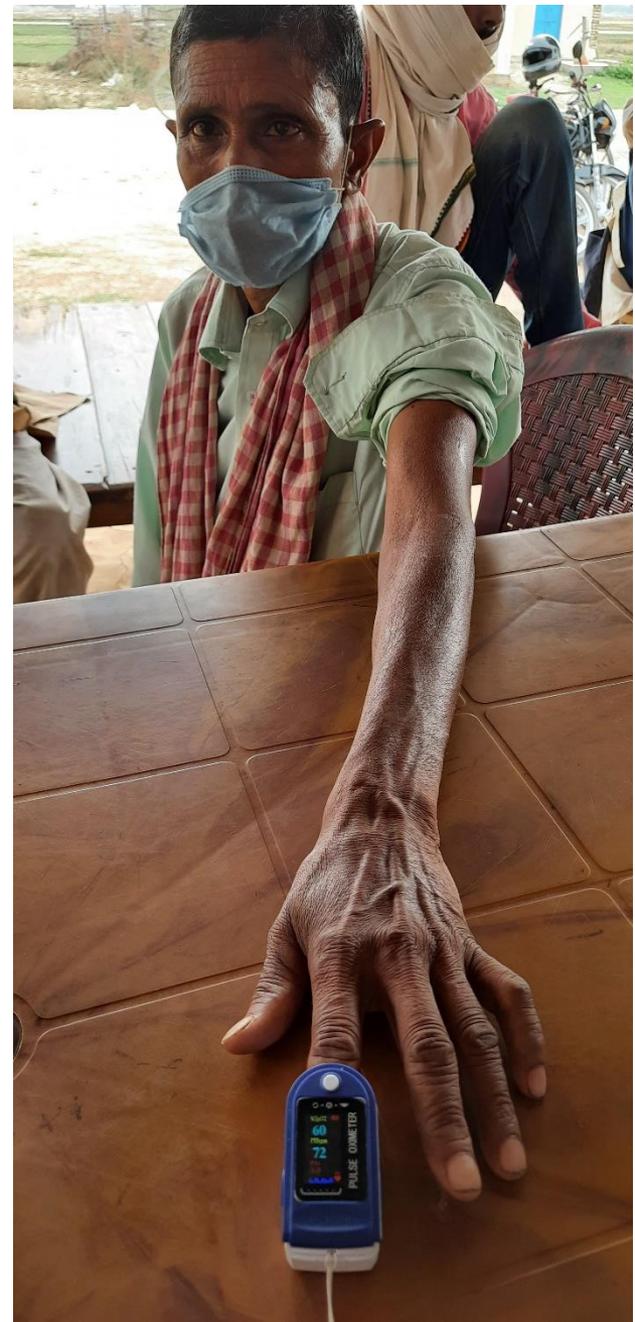
- Participant Video Feed:** Located at the top, it shows four video thumbnails. The second thumbnail is labeled "Varanasi HUB".
- Participant List:** On the right side, a panel titled "Participants (4)" lists the following individuals:
 - Divyasukhananda... (Host, me)
 - Varanasi HUB
 - Dr Saumitra Kumar
 - Sheshnath Yadav
- Medical Interface:** The main area displays a patient's medical record for "Viewing Varanasi HUB's...". It includes:
 - CHIEF COMPLAINTS:** High Fever (10 day), History and Notes (Blood Test, Typhoid).
 - GENERAL EXAMINATIONS:** Temperature (37 °C), Body Weight (56 kg), Pulse (/minute), Blood Pressure (102/70 mmHg), Blood Sugar(Random) (167 mg/dL).
 - PRESCRIPTION:** A table listing medications:

Drugs	Quantity	Dose	Duration	Comments
Meformin Tab 500 mg	1	bd	14 days	-
Glimepride 1mg	1	bd	14 days	-
Paracetamol Tab 500 mg	1	SOS	14days	-
 - DIAGNOSIS:** Diabetes Mellitus.
 - ADVICE:** DIABETIC DIET (SUGAR, RICE, PATATO RESTRICTED); WALKING DAILY IN MORNING and EVENING.
 - INVESTIGATION:** Pathology - RT PCR Covid - 19.
 - MEDICINE:** (Section header for the prescription table).
 - NEXT APPOINTMENT DATE:** 20-05-2021.
 - Date & Time:** 06.05.2021 2:35 PM.
 - Signature:** SAUMITRA KUMAR.
- Chat Module:** On the left, a chat window shows the text "viveksanjvani.in/WSIMedIX Connected!!".
- Meeting Controls:** At the bottom, there are buttons for "Unmute", "Stop video", "Share", "Record", "Participants", and "Chat".

**Sensor-
based
Blood
Pressure,
Stethoscope,
Oximeter,
Thermometer
machine**



TMU Lab Investigation: Oxygen saturation



TMU Lab Investigation: Temperature



TMU Lab Investigation: Blood Pressure



TMU Lab Investigation: Blood Pressure



TMU Lab Investigation: Blood Pressure



Antenatal care



Medicine Stocks



Medicine given to patients with ePrescriptions



Telemedicine Services



Six Telemedicine units : Majhawan, Kalwari and Naugawan (Mirzapur), Lohara (Sonbhadra) and Lalganj (Azamgarh) of Uttar Pradesh and Bakhpur (Uttarakhand)



Weekly three days on regular basis in most of the centres



The physician's consultations are done from the Expert centre of Vivek Sanjivani, Varanasi or from the Doctor's dwelling place



Several Physicians from Kolkata, Anand (Gujrat), and Delhi are extending help in treatment of patients

Telemedicine Services



Specialised Services:

Psychiatric, Gynaecology, ENT, Oncology, Medicine, Primary healthcare, Community medicine



Specialist Doctors are providing **free services**



MIS- Real-time cloud-based solution for patient management and medical supply records



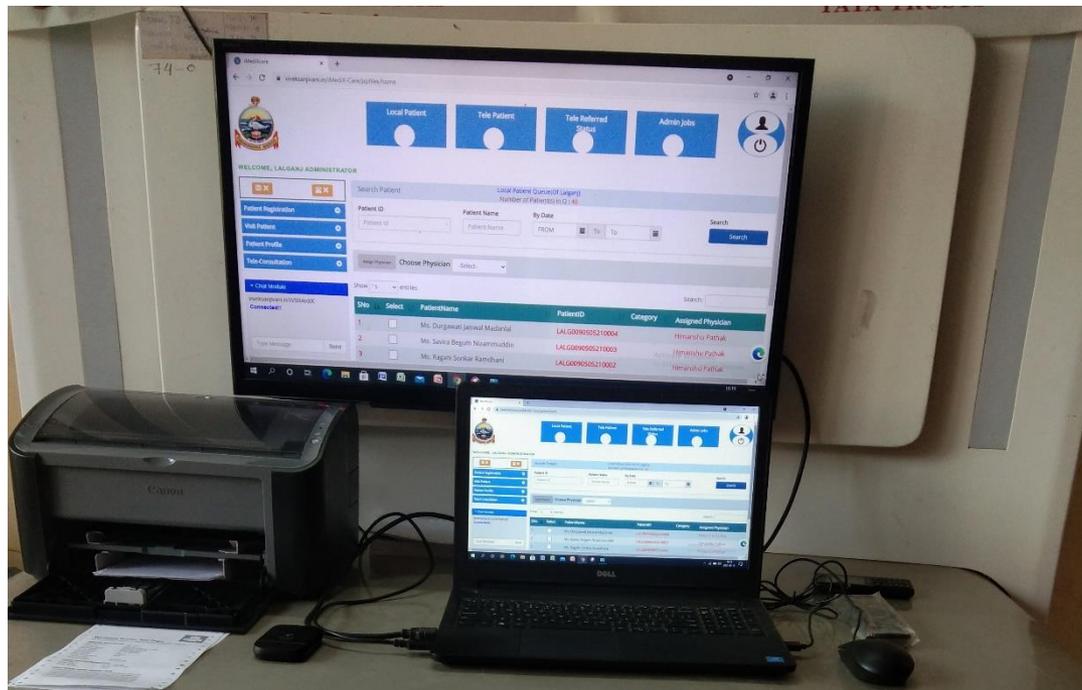
Integrated platform enable end to end tracking of MMU and TMU services for each patient outcomes

Telemedicine Services

- ❁ During April-June 2021-22: total number of people treated was **2464**.
- ❁ Received free medicine from the remote TMUs.
- ❁ Diagnostic tests: Body weight, Blood Pressure, Random Blood Sugar (RBS), Oxygen level, temperature, ECG (in one place)

Telemedicine Services April- June 2021-22

TMUs	Male	Female	Child	SC	ST	OBC
5	1212	1252	193	1043	79	1127



Mansik Soundarya
(मानसिक सौंदर्य):
Community Mental
Health Program

Vivek Sanjivani Telemedicine Service

Webex Meeting Info | Hide Menu Bar

File Edit Share View Audio & Video Participant Meeting Breakout Sessions Help

Connected

Participants (4)

- Divyasukhananda... Host, me
- VH Varanasi HUB
- DA dr anirban
- VN VS Naugawan

Layout

Viewing Varanasi HUB's...

Local P

PRESCRIPTION

ADVICE FOR INVESTIGATIONS

Radiology SELECT

Pathology SELECT

NO	TYPE	NAME	DESCRIPTION	ACTION
----	------	------	-------------	--------

COURSE OF MEDICINE

DRUG	QUANTITY	DOSE	DURATION	COMMENTS
Olanzapine 5 mg	1	HS	14	Comments

WELCOME, ANIRBAN GOZI

Visit Patient

Patient Profile

Tele Consultation

Chat Module

viveksanjivani.in/WSIMedIX Connected!!

NAME :Anjani Pratap

Under treatment :

CHIEF COMPLAINT

Treatment:

1. MVFM > (1 tab, OD)
2. OLANZSA (1 tab OD)
Advice : (Tab Tryhexap mg BD 14 Days)
(Live 52 BD 14 Days)

GENERAL EXAMINATION

Upload Re

Mute Stop video Share Record

Participants Chat

Naugawan

Mute all Unmute all

10:15 28-04-2021

Vivek Sanjivani Telemedicine Service

The screenshot displays a Webex telemedicine session. The main window shows a medical consultation interface with a 'CHIEF COMPLAINTS' form. The form has a table with columns for 'COMPLAINT', 'DURATION', and 'PERIOD'. The 'PERIOD' column has a dropdown menu set to 'month'. Below the table is a 'History and Notes' section with a text area for 'Records here:'. The interface also includes a 'New Prescription' button and a 'Chat Module'.

On the right side, there is a 'Participants (5)' list:

- Divyasukhananda... (Host, me)
- Varanasi HUB
- dr anirban
- Majhawan
- Soumyajit Das

At the bottom of the Webex window, there are controls for 'Mute', 'Stop video', 'Share', 'Record', and 'Participants'. The system tray at the bottom right shows the time as 10:35 on 21-04-2021.

Majhawan

Mental Health Camp: MLT Training



At Gaura village



At Gaura village

Mental Health Camp



**Interview by Psychiatrist (Mentor) with the SMD patient
at Patewer village**

Socialization: Distributing sarees among Severe Mental Disorder and Epilepsy patients



Common Mental Disorders (CMD) 2020-21

New Patient		Old Patient		Improved		Rehabilitation		Disengage		Re-Engage	
M	F	M	F	M	F	M	F	M	F	M	F
21	46	9	38	10	40	4	10	9	17	2	2

Improved- No Symptoms for Common Mental Disorder, Social Interactions Start

Severe Mental Disorders (SMD): 2020-21

New Patient			Old Patient				Remission		Relapse				Residual		Rehabilitation		Disengage		Re-Engage	
M	F	C	M	F	M	M	F	M	F	M	F	M	F	M	F	M	F	M	F	
34	23	1	46	29	2	2	0	3	5	9	6	2	1	20	12	2	6	2	2	

Remission- Reduction or disappearance of symptoms for at least 6 months

Relapse- Reappearance of symptoms after a period of well being

Residuals- Continuing symptoms at a low intensity

Disengage- Without any medicine, psychoeducation or counselling in last 2 months

Rehabilitation- Activities of daily living (ADL) improved, social interactions start, understanding own responsibilities, Earning money etc.

Epilepsy (EPI): 2020-21

New Patient				Old Patient				Improvement Level 1				Improvement Level 2				Improvement Level 3				Rehabilitation		Disengage		Re-Engage	
M	F	CM	CF	M	F	CM	CF	M	F	CM	CF	M	F	CM	CF	M	F	CM	CF	M	F	M	F	M	F
16	12	6	4	33	23	10	8	1	0	0	0	3	2	4	0	16	12	4	2	9	1	9	11	0	1

Improvement Level 1- Seizures without unconsciousness

Improvement Level 2- Reduce Seizures (50%)

Improvement Level 3- Totally Controlled (No seizures in 1 year)

Disengage- Medicine discontinuity for more than 2 months

Rehabilitation- Earning Money, Proper Domestic work

A New Frontier in Uttarakhand



Telemedicine Unit at Bakhpur, Uttarakhand



Telemedicine Unit at Bakhpur, Uttarakhand



Doctor's Consultation in our TMU at Bakhpur, Uttarakhand



NCD Screening in Uttarakhand



NCD Screening in Uttarakhand



NCD Screening in Uttarakhand



Mobile Medical Services

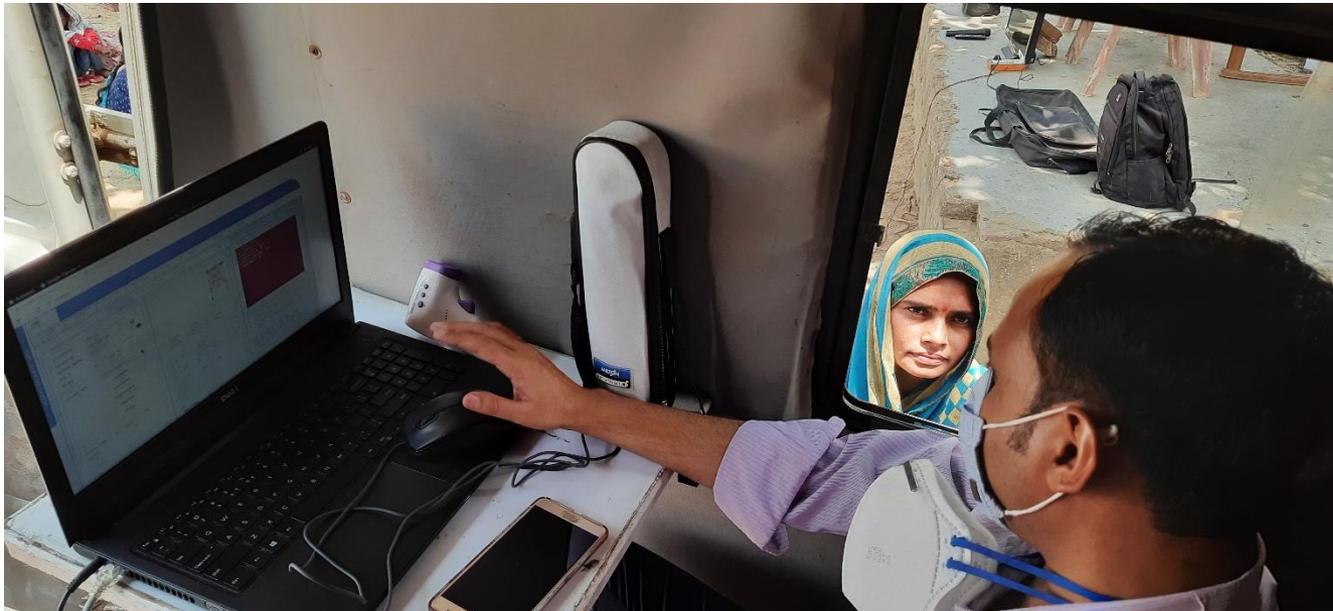
Mobile Medical Unit



Mobile Medical Unit: Registration



Doctor Consultation



MMU: Blood Pressure Check up



Antenatal Care At Gaura



Medicine Distribution



Medicine Distribution



Mobile Medical Services

- ← Three sites
- ← Specialist doctors service
- ← Weekly Once
- ← On Cloud-based server with real time
Telemedicine software solution
- ← Medical Investigation: Body weight, Blood
Pressure, Random Blood Sugar (RBS)
- ← Free Medicine

Mobile Medical Services

April-June 2021-22

MMUs	Male	Female	Child	SC	ST	OBC
3	729	683	105	539	107	635



MMU: 3Nethra Testing



MMU: Eye Refraction



Visual health Check-up with 3nethra April-June 2021-22

	Male	Female	Total Beneficiaries
Patients	11	8	19

Eye refraction

	Male	Female	Total Beneficiaries
Beneficiaries	30	25	388

Eye Camp at Varanasi: Check Up



Eye Camp at Varanasi: After Cataract Surgery



On the way back to home after Cataract Operations at our Ashrama Hospital



Non Communicable Diseases Screening (NCDS)

2 seconds

Every 2 seconds someone aged 30 to 70 years dies prematurely from noncommunicable diseases - cardiovascular disease, chronic respiratory disease, diabetes or cancer.

Weight Measurement



NCD screening: Oral cancer



NCD screening: HTN (Hypertension)



DM (Diabetes Mellitus) Detected



Non-Communicable Disease Screening (NCDS):

- ❖ Screening done for:
- ❖ Hypertension (HTN)
- ❖ Diabetes (DM)
- ❖ Oral Cancer (OCE)
- ❖ Breast Cancer (BCE)

Non-Communicable Disease Screening

April-June 2021-22

Type of Screening	No. of patients
Total screenings : HT	304
Total cases (Confirmed _HT)	14
Total screenings : DM	305
Total cases (Confirmed _DM)	22
Total screenings : Cancer (BC)	45
Total cases (Suspected _BC)	5
Total screenings : Cancer (OC)	224
Total cases (Suspected _OC)	1